



BLOU BULLE RUGBY-UNIE

BLUE BULLS RUGBY UNION



BLUE BULLS RUGBY UNION

COACHING ACCREDITATION REGULATION AND POLICY

TO BECOME A COACH IN THE BLUE BULLS RUGBY UNION:

Rugby coaches include all:

1. Bulletjies coaches,
2. Primary School coaches,
3. High School coaches,
4. Carlton Club coaches,
5. Reserve Club coaches,
6. First League coaches,
7. Youth Club coaches,
8. Community coaches,
9. Get Into Rugby coaches,
10. Vuka Rugby coaches,
11. Woman's Rugby coaches,
12. Seven's coaches,
13. Strength and Conditioning coaches,
14. Death Rugby coaches,
15. Wheel chair Rugby coaches,
16. All other coaching who is part of the Blue Bulls Rugby Union involved in coaching.

1. All rugby coaches must:

- a. Boksmart certified.
- b. annually registered at the Blue Bulls Rugby Union Coaches Association,
- c. have signed the Coaches Code of Conduct,
- d. be a minimum age of 18 years,
- e. have a minimum qualification World Rugby Level 1 certificate (not for Bulletjie Rugby),
- f. Coaches who coach children (6 - 17 years) must have a Police clearance certificate (National Child Protection & Sex Offenders Register - Section 126 of South Africa Children's Act 38 of 2005)
- g. All coaches up to the age of 59 must have completed and signed "SA Rugby Appendix F: AMATEUR RUGBY RETURN TO PLAY INDEMNITY FORM and SA Rugby Appendix G:

Loftus Versfeld Kirknessstraat/Street Sunnyside Pretoria 0002
Telefoon/Telephone Kantoor/Office: (012) 420-0707/8 Pretoria
Faks/Fax: 086 649 1297 / (012) 344-2966
Posbus/P.O. Box 27856, Sunnyside 0132
BTW NO / VAT NO: 417 012 4871

PRESIDENT: W STRAUSS
HUB/CEO: BBRU: DR. E. HARE



BLOU BULLE RUGBY-UNIE

BLUE BULLS RUGBY UNION



DECLARATION BY PLAYERS SUPPORT STAFF AND OFFICIALS BEFORE RESUMING TRAINING". The forms must be uploaded to the coach's profile at Bullscoaching website.

- h. All coaches aged 60 and over must complete and signed "SA Rugby Appendix J: DECLARATION BY SUPPORT STAFF AND OFFICIALS OVER THE AGE OF 60 BEFORE RESUMING TRAINING and SA Rugby Appendix K: AMATEUR RUGBY RETURN TO PLAY INDEMNITY FORM PERSONS OVER THE AGE OF 60". The forms must be uploaded to the coach's profile at Bullscoaching website.
 - i. Bulletjie coaches must have World Rugby Coaching Children certificate to be able to coach,
 - j. World Rugby Level 2 be accredited if he / she coaches at a school / club u / 16, u.18 / u.19 / u.20 / u21 and senior team / s as prescribed by Boksmart "Age Banding Regulation",
 - k. attend the annual Law seminar/workshop,
 - l. do the online World Rugby Ready certificate,
 - m. do the online World Rugby Coaching Children,
 - n. do online World Rugby Covid-19: Return to play awareness for coaches and players,
 - o. do online World Rugby Laws certificate (not for Bulletjie Rugby),
 - p. have a World Rugby Level 2 accreditation to coach the u.16 or the senior teams of a school and club as described in Boksmart "Age Banding and Underage" regulation.
 - q. To coach any provincial team of the BBRU, the coach must be World Rugby Level 2 accredited.
2. All Club managers, Club Chairpersons, School Principals, School Rugby Organizers/ Director Sport or Rugby must see that all the coaches at their clubs or school must adhere to this accreditation regulation policy. If a coaches of a club or school does not adhere to this accreditation regulation policy, that coach / coaches cannot coach any rugby team in the Blue Bulls Region.
 3. Coach Education Process:
 - a. Any person wanting to coach in South Africa, has to become Boksmart certified. Should they not have this certification, they will NOT be allowed to coach anywhere until such certification has been completed.
 - b. The next step is to complete the World Rugby Level 1 course. All coaches are expected to complete a 6 match week. This course carries an attendance certificates only, but is compulsory to complete before a Level 2 course.
 - c. The final phase of the coach education run in BBRU, is to complete the World Rugby Level 2 course. This course is run over 2 days and equips one to coach at a higher level. After the theoretical part, you must go back to your school/club and complete the logbook with 6 week practical sessions and 6 matches. When you have complete it, you contact the BBRU to make an appointment for your practical assessment. An assessor will visit you to asset your

Loftus Versfeld Kirknessstraat/Street Sunnyside Pretoria 0002
Telefoon/Telephone Kantoor/Office: (012) 420-0707/8 Pretoria
Faks/Fax: 086 649 1297 / (012) 344-2966
Posbus/P.O. Box 27856, Sunnyside 0132
BTW NO / VAT NO: 417 012 4871

PRESIDENT: W STRAUSS
HUB/CEO: BBRU: DR. E. HARE



BLOU BULLE RUGBY-UNIE

BLUE BULLS RUGBY UNION



practical coaching. When you have passed the assessment, your report will be send to SA Rugby. You will receive your Level 2 certificate about 1 week from the date that you has been asset on your profile at World Rugby Passport.

4. Please note the following:

- a. Boksmart:
Each coach will be issued with a Boksmart card with his number on it. As there is a backlog with the issuing of these cards, please note that you can use your ID. Number to confirm you are Boksmart certified should a referee official request your card.
- b. World Rugby Courses Certification:
You will received in on your World Rugby Passport profile about 1 week after the course is completed. Please be patient as there is sometimes a delay with these certificates as they are processed at the World Rugby headquarters in Ireland.
- c. All coaches attending on invitation of BBRU the World Rugby Level 3 must have World Rugby Level 2 accreditation and appropriate experience (this is a directive from World Rugby/SARU) however, for appropriately qualified and experienced coaches this can be achieved through a short workshop Recognition for Prior Learning (RPL) and will include a Level 2 course exam, World Rugby Law Exam and a short induction on the World Rugby Coach Education format (outcome based).
- d. By 2016 ALL coaches in South Africa MUST have a valid Coaching License (World Rugby Qualification) or they will not be allowed to coach (as per Boksmart Ruling). This is in the final stages of being legislated by SASCOC. Total compliance by all parties concerned is expected.
- e. Workshops on various topics, e.g. Lineout, Scrum, Breakdown Management, Defense, Attack, etc. will also be conducted over the year. Confirmation of these, dates and costs will be advertised early.

Note: ALL course enquiries MUST be directed to Hennie van Vuuren (henniev@bluebull.co.za).

WR Level 1 coaching course = 8 hrs.	Cost is R 400
WR Level 2 coaching course = 16 hrs.	Cost is R 700
WR Level 1 7's coaching course = 8 hrs.	Cost is R 400

Loftus Versfeld Kirknessstraat/Street Sunnyside Pretoria 0002
Telefoon/Telephone Kantoor/Office: (012) 420-0707/8 Pretoria
Faks/Fax: 086 649 1297 / (012) 344-2966
Posbus/P.O. Box 27856, Sunnyside 0132
BTW NO / VAT NO: 417 012 4871

PRESIDENT: W STRAUSS
HUB/CEO: BBRU: DR. E. HARE



BLOU BULLE RUGBY-UNIE

BLUE BULLS RUGBY UNION



WR Level 2 7's coaching course = 16 hrs.	Cost is R 700
WR Level 1 Strength and Conditioning course = 16 hrs.	Cost is R 500
WR Level 2 Strength and Conditioning course = 28 hrs.	Cost is R 1000

5. Word Rugby courses:

All coaches attending on invitation of BBRU and identified by SA Rugby the World Rugby Level 3 must have World Rugby Level 2 accreditation and appropriate experience (this is a directive from WR/SARU) however, for appropriately qualified and experienced coaches this can be achieved through a short workshop Recognition for Prior Learning (RPL) and will include a level 2 course exam, WR law exam and a short induction on the WR coach education format (outcome based)

6. World Rugby Coach Education: Frequently asked questions:

- a. *What is WR?*
WR is the acronym of Word Rugby, who are based in Dublin, Ireland. They determine rules and legislative policies regarding worldwide rugby.
- b. *Why do I have to be WR qualified?*
SARU and SASCOC have introduced a new coaching pathway, this pathway is based on international coaching practices and allows coaches and rugby bodies to centrally verify a coaches qualifications. It is also beneficial to all coaches to be up to date with the latest coaching practices and research. The coaching pathway gives clearly defined qualifications applicable to the level of player you are coaching and therefore allows you to plan your coaching career more effectively. Unlike any other coaching qualifications, your WR qualification is recognized internationally.
- c. *How do I get WR qualified?*
Contact your local Coaching Association WR representative. They will be able to tell you when the next course suitable to you will be held.
- d. *Do I have to do the level 1 course before I do the level 2?*
Yes you must.
- e. *I am a beginner in rugby coaching and have no background in rugby, do I need any other qualifications to enroll onto the level 1?*
Yes, you must do the online Rugby Ready, <http://rugbyready.worldrugby.org> and Laws on <http://laws.worldrugby.org>. However, if you have never played or coached rugby at any level

Loftus Versfeld Kirknessstraat/Street Sunnyside Pretoria 0002
Telefoon/Telephone Kantoor/Office: (012) 420-0707/8 Pretoria
Faks/Fax: 086 649 1297 / (012) 344-2966
Posbus/P.O. Box 27856, Sunnyside 0132
BTW NO / VAT NO: 417 012 4871

PRESIDENT: W STRAUSS
HUB/CEO: BBRU: DR. E. HARE



BLOU BULLE RUGBY-UNIE

BLUE BULLS RUGBY UNION



we would recommend that you take part in the Beginners guide to rugby course before you embark on the Level 1.

- f. *What is the beginners guide to rugby?*
The beginners guide to rugby is a very basic rugby course, it explains the basic roles of the players, coach and referees. It is a good starter course if you have never been involved in rugby before.
- g. *How long does the WR Level 1 course last?*
The level 1 course is 8 hours long, it is usually covered over one day.
- h. *How much does the Level 1 course cost?*
R400 per coach. This is payable before or on the first day of the course.
- i. *How quickly can I enroll on the Level 2 course after completing the level 1?*
You may enroll on the level 2 course after attending Level 1 course and you have coach for 1 season. We recommend that you gain some experience beforehand.
- j. *How long does the Level 2 course last?*
The level 2 course lasts 16 hours and is usually covered over 2 days. You will be required to complete a 6 week coaching diary before completion of your qualification.
- k. *How much does the Level 2 course cost?*
R 700 per coach, payable before or on the first day of the course.
- l. *When I have finished my coaching course, how soon will I receive my certificate?*
When you have passed all the necessary criteria for your coaching course you should receive your certificate after about 1 week at your profile at World Rugby Passport. And after completion and submitting of your 6 week coaching diary for level 2 and has been successfully asset by an assessor.
- m. *I have already completed several non WR coaching courses with my Rugby Union, DO I have to get WR qualified?*
Yes you must. SARU & WR are aiming to have all coaches and referees WR qualified by 2015. This is in line with standardizing all coach education internationally. In 2015, you will require an appropriate WR qualification for the coaching position you hold.

Loftus Versfeld Kirknessstraat/Street Sunnyside Pretoria 0002
Telefoon/Telephone Kantoor/Office: (012) 420-0707/8 Pretoria
Faks/Fax: 086 649 1297 / (012) 344-2966
Posbus/P.O. Box 27856, Sunnyside 0132
BTW NO / VAT NO: 417 012 4871

PRESIDENT: W STRAUSS
HUB/CEO: BBRU: DR. E. HARE



BLOU BULLE RUGBY-UNIE

BLUE BULLS RUGBY UNION



- n. *Are there any courses higher than the level 2?*
Yes, the WR level 3 course is now available for coaches who are coaching at LTPD stages 4-5 on the Coaching pathway document.
- o. *Who can enroll on the Level 3?*
The WR level 3 will be made available to coaches who are currently coaching at stages 4-5 on the coaching pathway, this includes Super rugby, Currie Cup, Vodacom coaches and Directors of Rugby of top tier schools. Enrollment for this is by invitation only from WR and SARU.
- p. *I have already completed other South Africa Rugby Unions level 4 or 5, can I not just be given a WR level 3 certificate?*
Unfortunately not, There is no fast tracking or RPL onto the WR Level 3, You will first have to attend either an WR level 2 course or if appropriate a Recognition of Prior Learning (short Level 2) in order to obtain your qualifications. Contact your Provincial educator to find out if you are eligible for RPL (level 2)
- q. *I am an ambitious coach and want to progress through the ranks of coaching as quickly as I can, is it possible to complete the level 1 & 2 within the same year?*
Yes, it is possible, depending on your experience, see question (i).
- r. *Can I get a coaching job abroad with a WR qualification?*
WR coaching qualifications are standardized and are recognized worldwide.
- s. *I am coaching 9 year olds at my local primary school, what level of qualification do I need?*
The beginners guide to rugby may suit you and or the WR Level 1 and Boksmart.
- t. *How can I enroll on a course?*
Simply contact your local coaching association to find out when the next suitable course is available to you in your area.
- u. *Do I need to have any other qualifications to coach in South Africa?*
Yes, whilst this is not a qualification, all coaches and referees must attend a Boksmart Rugby Safety workshop, this is compulsory, you will not be permitted to coach at any level anywhere in South Africa without being Boksmart accredited.

Loftus Versfeld Kirknessstraat/Street Sunnyside Pretoria 0002
Telefoon/Telephone Kantoor/Office: (012) 420-0707/8 Pretoria
Faks/Fax: 086 649 1297 / (012) 344-2966
Posbus/P.O. Box 27856, Sunnyside 0132
BTW NO / VAT NO: 417 012 4871

PRESIDENT: W STRAUSS
HUB/CEO: BBRU: DR. E. HARE



BLOU BULLE RUGBY-UNIE

BLUE BULLS RUGBY UNION



- v. *How do I get Boksmart accredited?*
Contact your local Coaching association to find out when and where the next available workshop will be held in your area.
- w. *What do I need to do before the course?*
Go to www.bullscoaching.co.za and book online for the training.
- x. *Is the law exam compulsory?*
Yes all level 1 and 2 candidates must pass the IRB law exam before completion of the course.
- y. *How much does the law exam cost to complete?*
The law exam is free of charge and can be completed in your own time online at WR Passport site.
- z. *I do not have access to the internet, how do I complete the law exam?*
Many places do have free Wi-Fi like Wimpy, KFC, and Tshwane free Wi-Fi.
- aa. *Do all coaches have to complete the law exam for all courses?*
Yes, all coaches who are undertaking the WR levels 1, 2 & 3 must pass this exam.
- bb. *Do the WR offer any other courses?*
Yes the WR offer the following courses: WR levels 1, 2 & 3. Sevens level 1 & 2, Strength & conditioning levels 1 & 2, refereeing levels 1 & 2.
7. Boksmart: Frequently asked questions:
- a. *Why do I need to be Boksmart certified?*
SARU, have launched this new initiative to improve the safety of your players and improve safety standards within coaching in South Africa. You are now legally obliged to have been Boksmart trained before you coach or referee at any age group/level.
- b. *What if I don't have a Boksmart license and have not been trained?*
Contact your local coaching association/Union representative to find out when the next workshop closest to you will be held.

Loftus Versfeld Kirknessstraat/Street Sunnyside Pretoria 0002
Telefoon/Telephone Kantoor/Office: (012) 420-0707/8 Pretoria
Faks/Fax: 086 649 1297 / (012) 344-2966
Posbus/P.O. Box 27856, Sunnyside 0132
BTW NO / VAT NO: 417 012 4871

PRESIDENT: W STRAUSS
HUB/CEO: BBRU: DR. E. HARE



BLOU BULLE RUGBY-UNIE

BLUE BULLS RUGBY UNION



- c. *What will happen if I do not get Boksmart trained and continue coaching?*
This is a serious breach of SARU regulations and best coaching practice. Not only is this course of action illegal but it places the coach and his club/school at risk of litigation should one of your players suffer a serious or catastrophic injury under the supervision of that coach. In addition, there are mandatory sanctions imposed on those who are found to be in breach of these regulations. See SARU regulations on Boksmart rugby safety workshops (amended version June 2011 section 17)
- d. *What are the front row age regulations for rugby?*
Junior rugby is defined as U.20 and below, senior rugby is U.21 and above. A player, who is aged 18 on the 1st day of January of the given season, may play in senior rugby except in the front row positions, in this instance he must be aged 19 on the 1st January in that given season.
In other words, you can play senior rugby if you are aged 18 except for front row positions. You must be 19 or older on the 1st January to be eligible to play front row positions in senior rugby.
If you are 17 or younger on the 1st January, you may not play senior rugby and will not be eligible to play front row in the U.20 category. For exceptions and further details of this regulation see SARU regulations for under-aged rugby April 2011.
- e. *What will happen if I play an 18 year old front row player in a senior game?*
You and your club/school are in serious breach of regulations. See SARU regulations for under-aged rugby April 2011 for mandatory sanctions.
- f. *I have an 18 year old front row forward player who I feel is good enough to play senior rugby without risk, can I play him?*
There are exceptions to the rule for these circumstances, your player will have to be identified by your provincial union as a potential elite provincial player and will then have to undergo a series of tests, these tests are to establish that he has the skills and attributes necessary to play in this position at this level without undue risk. These tests must be carried out at an approved Boksmart centre and verified by Boksmart before this player can begin training with the senior team. Contact your Provincial Union Boksmart representative for advice and See SARU regulations for under-aged rugby April 2011 for procedures to be followed.
- g. *I am a coach at my local school, who is responsible for ensuring that I and the other coaches at my school are Boksmart trained?*
Your Director of Rugby and your school headmaster are responsible for ensuring that your

Loftus Versfeld Kirknessstraat/Street Sunnyside Pretoria 0002
Telefoon/Telephone Kantoor/Office: (012) 420-0707/8 Pretoria
Faks/Fax: 086 649 1297 / (012) 344-2966
Posbus/P.O. Box 27856, Sunnyside 0132
BTW NO / VAT NO: 417 012 4871

PRESIDENT: W STRAUSS
HUB/CEO: BBRU: DR. E. HARE



BLOU BULLE RUGBY-UNIE

BLUE BULLS RUGBY UNION



school implements and abides by all Boksmart/SARU regulations. However, coaches should take the initiative and ensure that they are accredited.

- h. *How long does the Boksmart license last?*
Your license will last for 2 years. At which point you will have to renew your license. Contact your local coaching association and or Boksmart representative to find out where and when the next available workshop is to be held.
- i. *How much does the workshop cost per coach?*
Super Sport, Chris Burger/Petro Jackson players fund and SARU all sponsor Boksmart, therefore all rugby workshops are free of charge to the participant.
- j. *How long does the workshop take?*
The workshop takes approximately 3 – 4 hrs. Inclusive of short breaks. NB: it is compulsory that you attend the entire workshop from start to finish in order to be Boksmart certified.
- k. *Do I have to book a place at a workshop if I want to attend?*
Yes you must to book.
- l. *What is required of me at the workshop and what should I bring with me?*
After you have created your profile at www.bullscoaching.co.za you must book online for a training session. When you sign the attendance register at the venue make sure your postal address is correct. You do not need to bring anything with you, except the willingness to participate.
- m. *Do I receive anything at the workshop?*
Yes. At the end of the workshop you will receive a Boksmart kit, this kit contains an pocket sized concussion guidelines and copies of the DVD you will have watched and discussed at the workshop. You will also be given details on how to access a vast amount of coaching and refereeing reference resources on the Boksmart website. Along with joining the Boksmart Facebook page.
- n. *Who should attend the Boksmart workshop?*
It is compulsory for all coaches and referees. It is important however, that all school/club administrators/managers etc. attend so that they are fully aware of all the SARU/Boksmart regulations and policies. NB: Only coaches and referees will receive a Boksmart license. All other participants will be registered as having been to the workshop.

Loftus Versfeld Kirknessstraat/Street Sunnyside Pretoria 0002
Telefoon/Telephone Kantoor/Office: (012) 420-0707/8 Pretoria
Faks/Fax: 086 649 1297 / (012) 344-2966
Posbus/P.O. Box 27856, Sunnyside 0132
BTW NO / VAT NO: 417 012 4871

PRESIDENT: W STRAUSS
HUB/CEO: BBRU: DR. E. HARE



BLOU BULLE RUGBY-UNIE

BLUE BULLS RUGBY UNION



- o. *How do I get Boksmart trained?*
Visit www.bullscoaching.co.za. for information as to when the next workshop will be held.
- p. *The coaching association and Boksmart rep appear to be unobtainable, where can I get the information I need?*
Call your Provincial Union and ask for the Boksmart representative. They will give you the information you require including any updated contact details of your regional representatives.
- q. *What are my responsibilities once I have been Boksmart accredited?*
Your responsibilities will be explained to you at the workshop by your Boksmart trainer.
- r. *Who do I ask if I need further information about regulations?*
You can get information from the Boksmart website, www.boksmart.com. , your local coaching association representative and your provincial Boksmart representative.
- s. *What is Boksmart auditing?*
Boksmart auditing is a process that your provincial representative will conduct with your school/club to ensure that all regulations are being adhered to. These regulations will be explained during your workshop and should be implemented immediately at your club/school.
- t. *Who presents the Boksmart workshops?*
Your Rugby Union will have a number of Boksmart trainer. These trainers have been workshopped by SARU in how to present and conduct a Boksmart workshop. Only accredited trainers may present these workshops.
- u. *Can anyone become a Boksmart trainer?*
Boksmart trainers are identified by the Provincial Boksmart representative, these trainers are making a commitment of their time and willingness to correctly spread the Boksmart message to all rugby bodies. Contact your coaching association and or Provincial Boksmart representative for details on how to become a trainer.
- v. *When do these regulations come into effect?*
The regulations are applicable now and have been since. January 2011.

Loftus Versfeld Kirknessstraat/Street Sunnyside Pretoria 0002
Telefoon/Telephone Kantoor/Office: (012) 420-0707/8 Pretoria
Faks/Fax: 086 649 1297 / (012) 344-2966
Posbus/P.O. Box 27856, Sunnyside 0132
BTW NO / VAT NO: 417 012 4871

PRESIDENT: W STRAUSS
HUB/CEO: BBRU: DR. E. HARE



BLOU BULLE RUGBY-UNIE

BLUE BULLS RUGBY UNION



-
- w. *How can we, as a school/club/coach be sure that we are fully compliant in all areas?*
See the appropriate Boksmart checklist, if you can tick yes to all sections then you are fully compliant.
- x. *What happens if I am in breach of Boksmart /SARU regulations?*
You will be asked to appear before the judicial committee, who will decide on an appropriate course of action based on the guidelines provided by SARU.
- y. *I haven't received my card yet, what do I do?*
Contact Allie Abrahams at Boksmart at alliea@sarugby.co.za. Send him your name and ID number and contact details and he will check for your details on the database. If found, you will be given their Boksmart license number immediately. Check that your address on the database is correct.
- z. *I have changed address.*
Contact Allie Abrahams at Boksmart at alliea@sarugby.co.za.
- aa. *My name/ ID number is incorrect on my Boksmart card?*
As (z), a new license card will be sent to you.
- bb. *I am no longer a management/administrator, I now wish to coach, how do I get my Boksmart card?*
As (z)
- cc. *How soon will I receive my card?*
In general, cards are issued and in the post within a 4 week period after a) request and b) post workshop. (This of course depends on the amount of requests Boksmart are receiving at this time and the postal service)
- dd. *What if I lose my card?*
As (z)
- ee. *Should I memories my card license number?*
There is no need to memories this number as you should be carrying your card at all times during training and or game days, however we do recommend that you key your license number into your phone, so that you always have access to it, in case you are asked for it.

Loftus Versfeld Kirknessstraat/Street Sunnyside Pretoria 0002
Telefoon/Telephone Kantoor/Office: (012) 420-0707/8 Pretoria
Faks/Fax: 086 649 1297 / (012) 344-2966
Posbus/P.O. Box 27856, Sunnyside 0132
BTW NO / VAT NO: 417 012 4871

PRESIDENT: W STRAUSS
HUB/CEO: BBRU: DR. E. HARE



BLOU BULLE RUGBY-UNIE

BLUE BULLS RUGBY UNION



8. Important information for all coaches:

South African Coaching Framework (2010)

The SACF outlines the South African Government's eight year programme (2010-2018) to establish a long term plan for the development of coaching within South Africa. Its overall vision is to 'create an effective, inclusive and cohesive coaching system that promotes transformation in and active and winning nation' and its main objective is to have appropriately qualified and experienced coaches working with players at all (5) stages of their development.

The Government has provided a legislative framework, placing the responsibility of the education, continuous professional development and qualifications of coaches, with Sport and Recreation South Africa (SRSA), the South African Sports Confederation, Olympic Committee (SASCOC) and consultants from UK Sport. They are currently working closely with the South African Rugby Union to produce a National Coach Education Pathway/Framework, which will align with International best practice. The key feature of this work is the development of a model of Long Term Player Development (LTPD) which will be the reference document for all players and coaches.

The LTPD model provides an overall framework to allow for the development of players at all levels of participation.

The objective of the LTPD is therefore to provide the best possible rugby experience for all players as they move through their playing career and also, most importantly, to ensure that their training and playing experiences are appropriate to their developmental stages. (1-5)

The LTPD framework is player centered, providing 5 distinct stages of player capacity. These player capacities give direction for the South African Rugby Unions coach development department to design and promote rugby coaching courses at all levels with the understanding that all coaches should be appropriately trained and qualified to work with players at each stage.

This should result in all players being given the opportunity to maximize their potential, based on their own ability and ambition, whilst at the same time ensuring an elite performers pathway for those players who have the talent and aspirations to become professionals.

In addition, all rugby coaching qualifications will be linked to the National Qualifications Framework (NQF) and Higher Education Sector.

The South African Rugby Union will provide a National Programme for Recognition of Prior Learning (RPL) for coaches and coach educators.

Loftus Versfeld Kirknessstraat/Street Sunnyside Pretoria 0002
Telefoon/Telephone Kantoor/Office: (012) 420-0707/8 Pretoria
Faks/Fax: 086 649 1297 / (012) 344-2966
Posbus/P.O. Box 27856, Sunnyside 0132
BTW NO / VAT NO: 417 012 4871

PRESIDENT: W STRAUSS
HUB/CEO: BBRU: DR. E. HARE



BLOU BULLE RUGBY-UNIE

BLUE BULLS RUGBY UNION



All professional coaches (paid & voluntary) will have to comply with minimum standards in relation to Safety, (Boksmart) Child protection & Qualifications.

Coaches will also be subject to a licensing process and adhere to the Professional Coaches Code of Ethics and good practice.

Minimum standards for the deployment of coaches will be developed with employers, taking into account South African Employment Law.

The SACF recommends that the South African Rugby Union work closely with the International Rugby Board (IRB) in developing a coaching structure that is in tune with the needs of South African players and coaches and that the South African Rugby Union provides top quality coach educators delivering standardized courses throughout the country.

SARU National /Provincial Coaching Pathway:

Coaching Course Level	Course Content	Duration	Course Assessment	Entry Guidelines	LTPD Stages
Mini rugby Bulletjie Rugby (Boksmart)	-New Basic principles/facets of the game/positional requirements/ Ind skills/organizational /referee signals/skills & drills	8 hours	Full attendance	New coaches (Primary School) New coaches (development community) Non rugby background Club junior/mini rugby	Stage 1 Fundamentals (The player – plays) (The coach – guides) (The game – Fun)
World Rugby Level 1 (Boksmart)	Understanding the game/The principles of play/Applying principles & skills to team performance/ Practice & planning/Risk management & ethics/The role of the coach/ Communication	Minimum 8 hours (1 full day)	Full attendance	New coaches (with appropriate background & knowledge) Current but inexperienced development coaches with pre- lim Primary school coaches	Stage 2 Learn to play & practice (The player – explores) (The coach – teaches) (The game structured)

Loftus Versfeld Kirknessstraat/Street Sunnyside Pretoria 0002
Telefoon/Telephone Kantoor/Office: (012) 420-0707/8 Pretoria
Faks/Fax: 086 649 1297 / (012) 344-2966
Posbus/P.O. Box 27856, Sunnyside 0132
BTW NO / VAT NO: 417 012 4871

PRESIDENT: W STRAUSS
HUB/CEO: BBRU: DR. E. HARE



BLOU BULLE RUGBY-UNIE

BLUE BULLS RUGBY UNION



				High school coaches (up to U15)	
World Rugby Level 2 (Boksmart)	Principles of attack & defence/Key factor analysis of skills/The relationship of principles of attack & defence to key factor analysis/Practice, planning, conducting skill development/Risk management & ethics/The role of the coach /communication	Minimum 16 hours (2 full days)	Full attendance of all modules Planning assessment Practical assessment IRB law exam 6 week coaching diary	High school (U15-U18) Top primary school coaches Top development coaches Provincial coaches Club coaches WR 1 + experience + diary	Stage 3 Train to train (The player – focuses) (The coach – challenges) (The game – Performance)
World Rugby Level 3 (Boksmart)	Principles of identities & functional role analysis/ Team profiling & selection/Planning a season/Developing game plans & patterns of play/Risk management & ethics/Communication/T eam & player strategies/Fitness, conditioning & nutrition/Laws/ Sports psychology/Player preparation & match day logistics	To be confirmed	Attendance & participation in all modules Competency in practical assessment Course examination	By invitation from BBRU coaching dept. &/or recommendation by coaching associations Potential to become provincial/HP coach Premier club 1st XV/U20A Director of rugby(top schools) Provincial U.16,U.18 ,U.19 WR 2 + experience+ diary	Stage 4 Train to compete (The player: specializes) (The coach: facilitates) (The game: Outcome)
Advanced HP/Elite /Professional (Boksmart)	Elite long term development Planning/Media & stakeholder responsibilities Specialist workshops/ seminars/clinics etc.	On-going coach development	Law examination Written assignment Season periodization plan & coaching diary	By invitation Potential professional coaches Academy/HP Provincial U21 Currie Cup, Super 15, National teams	Stage 5 Train to win (The player – innovates) (the coach – empowers) (the game – result)

Loftus Versfeld Kirknesstraat/Street Sunnyside Pretoria 0002
 Telefoon/Telephone Kantoor/Office: (012) 420-0707/8 Pretoria
 Faks/Fax: 086 649 1297 / (012) 344-2966
 Posbus/P.O. Box 27856, Sunnyside 0132
 BTW NO / VAT NO: 417 012 4871

PRESIDENT: W STRAUSS
HUB/CEO: BBRU: DR. E. HARE



BLOU BULLE RUGBY-UNIE

BLUE BULLS RUGBY UNION



By January 2016 – Government legislation will be in place to ensure that all coaches have the appropriate coaching qualification for the stage of player they are coaching (LTPD). The above minimum standards will apply.

9. Long Term Player Development:

a. STAGE 1:

i. *THE PLAYER – PLAYS:*

Players in this category are age-grade players (5 - 12 approx.)

The capacities of young players dictate that most learning activities are best promoted through the medium of play. This theme does not just apply to modified games but also to reduced exercises and drill activities. Specific techniques and corrections can be integrated throughout the activity while still maintaining maximum participation and enjoyment. This will also ensure that players receive a positive and motivating experience.

ii. *THE COACH – FACILITATES:*

To facilitate the needs and capacities of younger players the coach should act as a Guide, providing the environment for players to explore in a safe and exciting way. Corrections and guidance should be subtle and simple, dealing with issues in a broad rather than detailed perspective.

iii. *THE GAME – FUN:*

The end product should be a fun and safe experience. The emphasis is placed on open play (general movement) with all players running, passing and tackling. Younger players will continue to participate in activities that are enjoyable and rewarding. As players mature and develop greater capacities their needs and the demands of the game will also change.

b. STAGE 2:

i. LEARN TO PLAY & PRACTICE:

1. *THE PLAYER – EXPLORES:*

Players in this category are age-grade players (12-14 approx.).

This stage the players' capacities allow them to learn through exploring.

Trying out new approaches, pursuing solutions and new experiences in a controlled environment will facilitate the development of the player. Individuals

Loftus Versfeld Kirknessstraat/Street Sunnyside Pretoria 0002
Telefoon/Telephone Kantoor/Office: (012) 420-0707/8 Pretoria
Faks/Fax: 086 649 1297 / (012) 344-2966
Posbus/P.O. Box 27856, Sunnyside 0132
BTW NO / VAT NO: 417 012 4871

PRESIDENT: W STRAUSS
HUB/CEO: BBRU: DR. E. HARE



BLOU BULLE RUGBY-UNIE

BLUE BULLS RUGBY UNION



are capable of problem-solving and should be encouraged to express their opinions.

2. *THE COACH – TEACHES:*

Due to maturation, the players are now capable of longer periods of concentration and attention; therefore teaching rather than guiding is more appropriate for accelerated learning. Knowledge of how to facilitate learning through understanding is critical together with skill development and progressions.

3. *THE GAME – STRUCTURED:*

With the capacity for greater understanding and technical competence the game develops from open play to a more structured format to include the development of basic unit play (restarts - forwards & three-quarters). The game is still fun, safe and enjoyable with ample running, passing and tackling

c. STAGE 3:

i. TRAIN TO TRAIN:

1. *THE PLAYER – FOCUSES:*

Players in this category are two-fold; age-grade players (15-18) & adult club players. Age-grade players have the capacity to focus and therefore can increase their competencies radically with the correct attention & application. Greater self-awareness and responsibility are characteristics of players at this stage, which if nurtured will form the foundations for future realization and success. Players are highly competitive and foster a greater awareness of team spirit and common goals and values. Adult players (club) have similar technical and tactical competencies due to limited development, but have greater physical, mental and lifestyle capacities due to greater maturation and experience/achievement.

2. *THE COACH – CHALLENGES:*

Given the greater capacities of players, the requirement for the coach is to go beyond teaching and challenge players to become more proficient and achieve higher standards of performance. Therefore the coach extracts a higher level of performance through appropriate challenges and application of pressure.

Loftus Versfeld Kirknessstraat/Street Sunnyside Pretoria 0002
Telefoon/Telephone Kantoor/Office: (012) 420-0707/8 Pretoria
Faks/Fax: 086 649 1297 / (012) 344-2966
Posbus/P.O. Box 27856, Sunnyside 0132
BTW NO / VAT NO: 417 012 4871

PRESIDENT: W STRAUSS
HUB/CEO: BBRU: DR. E. HARE



BLOU BULLE RUGBY-UNIE

BLUE BULLS RUGBY UNION



3. *THE GAME – PERFORMANCE:*

Even though players are now highly competitive and play in league & cup competitions the essence at this stage is precise performance of the individual, units and team in the pursuit of achieving goals. The game is clearly structured and cohesive, with a greater emphasis on the role of the units. However, to maximize development, the focus should be on performance in the pursuit of desired outcomes and results.

d. STAGE 4:

i. TRAIN TO COMPETE:

1. *THE PLAYER - SPECIALISES*

Players in this category are two-fold; players (High performance 18-21 approx.) & 'top club players. Players have now committed themselves to rugby as their chief sport and are willing to invest a significant amount of time and energy to become successful. They are driven and are fiercely competitive with a greater capacity for all game related competencies. Players pay more attention to developing themselves as positional specialists in order to undertake their functional roles. With their increase in knowledge and maturity, players are capable of strong opinions and of taking greater responsibility while also contributing more towards problem solving.

2. *THE COACH - FACILITATES*

Since the characteristics of players are such that they have the capacity for greater input, the role of the coach shifts towards facilitation. Allowing opportunity for opinions and problem-solving is critical if players are to develop confidence and relative autonomy. The coach will still need to employ teaching, challenging and guiding skills where appropriate, the emphasis should be on developing players' ability to 'navigate' rather than 'replicate'.

3. *THE GAME - OUTCOME*

The game is fiercely competitive with positional specialists clearly influencing events, mini units & units well synchronized and team play concentrated on reducing error and maximizing success. The focus is on achieving desired outcomes in respect to attack & defense goals (team, unit, and mini-unit). For example, winning the lineout is more important now than thinking about the

Loftus Versfeld Kirknessstraat/Street Sunnyside Pretoria 0002
Telefoon/Telephone Kantoor/Office: (012) 420-0707/8 Pretoria
Faks/Fax: 086 649 1297 / (012) 344-2966
Posbus/P.O. Box 27856, Sunnyside 0132
BTW NO / VAT NO: 417 012 4871

PRESIDENT: W STRAUSS
HUB/CEO: BBRU: DR. E. HARE



BLOU BULLE RUGBY-UNIE

BLUE BULLS RUGBY UNION



performance; however the essences of previous stages (performance, structured, fun) are all brought to bear in the pursuit of achieving the 'outcomes'.

f. STAGE 5:

a. TRAIN TO WIN:

i. *THE PLAYER – INNOVATES:*

Players in this category are adult representative players. These players have the capacity to go beyond the rehearsed repertoires, strategies and tactical solutions and innovate when the situation demands. Highly competitive and driven they should be excellent in their positional & functional roles as well as have the capacity to fulfill multiple roles in general movement play. They must have the ability to deal with the pressure of public expectation, interest and intrusion together with self-management and self-development.

ii. *THE COACH – EMPOWERS:*

The principles of adult learning together with the characteristics of champion athletes imply that coaches must release rather than restrict the potential of the players and other coaching staff, otherwise the potential for creativity and responsibility will be stifled. With player accountability comes player responsibility and relevant player control. For this to occur the coach must create an environment where trust and respect between all squad members is established while still maintaining ultimate responsibility for team performance and results.

iii. *THE GAME – RESULT:*

This is the 'business end' of rugby, elite/professional sport is about winning and there's not much consolation in losing. Analyzing & exploiting opponent's weaknesses while hiding and protecting your own weaknesses is a main characteristic of this stage. However, by consistently improving performance and achieving desired outcomes the incidents of winning will ultimately increase.

10. Regulations Pertaining to the Boksmart Rugby Safety Programme at all Levels of Rugby:

- a. A province, club, rugby body or school shall adopt these regulations, and amendments thereto shall only be permitted if it is more stringent on its members.

Loftus Versfeld Kirknessstraat/Street Sunnyside Pretoria 0002
Telefoon/Telephone Kantoor/Office: (012) 420-0707/8 Pretoria
Faks/Fax: 086 649 1297 / (012) 344-2966
Posbus/P.O. Box 27856, Sunnyside 0132
BTW NO / VAT NO: 417 012 4871

PRESIDENT: W STRAUSS
HUB/CEO: BBRU: DR. E. HARE



BLOU BULLE RUGBY-UNIE

BLUE BULLS RUGBY UNION



- b. A province, club, rugby body or school must ensure that it complies with these regulations and must further ensure that it takes appropriate action to inform each and every one of its members of the terms of these regulations and the obligation to comply with same.
- c. Any person who coaches a rugby team or assists in the coaching of a team in whatever capacity has to be Boksmart certified and licensed accordingly.
- d. Any person who officiates as a referee, assistant referee or match official in a rugby match has to be Boksmart certified and licensed accordingly in order to officiate as such.
- e. The referee, assistant referees, match officials, coaches, assistant coaches or any person alleging to be the coach and any person in a coaching role who intends to enter the playing enclosure during a match have to provide proof of their Boksmart certification to the match manager / secretary of the province, club, rugby body or school hosting a match.
- f. If the referee or any one of the assistant referees are not Boksmart certified, or they cannot provide proof of their Boksmart certification, the match shall be abandoned for safety reasons, unless they can be replaced by level appropriate Boksmart certified match officials who can provide proof of Boksmart certification.
- g. If the coach or the person alleging to be the coach, or any person acting in a coaching capacity for any of the participating teams, is not Boksmart certified, the match shall be abandoned.
- h. Should a coach or the person alleging to be the coach, or any person in a coaching capacity allege to be Boksmart certified, but is not in a position to produce proof thereof, the match shall proceed subject thereto that such person(s) shall not be allowed on or next to the field of play during the match. They also have to produce their Boksmart certification license to the match manager / secretary of the province, club, rugby body or school, as the case may be, on the first working day after the match.
- i. The province, club, rugby body or school shall not be allowed to host any match without ensuring that the referee and assistant referees officiating in such matches and the coaches and assistant coaches of the participating teams are Boksmart certified.
- j. The referee shall not allow any person, excluding players and qualified medical staff, on the field of play who is not Boksmart certified. The Boksmart certification has to be presented to the match official by the person intending to enter the playing field.

Loftus Versfeld Kirknessstraat/Street Sunnyside Pretoria 0002
Telefoon/Telephone Kantoor/Office: (012) 420-0707/8 Pretoria
Faks/Fax: 086 649 1297 / (012) 344-2966
Posbus/P.O. Box 27856, Sunnyside 0132
BTW NO / VAT NO: 417 012 4871

PRESIDENT: W STRAUSS
HUB/CEO: BBRU: DR. E. HARE



BLOU BULLE RUGBY-UNIE

BLUE BULLS RUGBY UNION



- k. It is the responsibility of provinces, clubs, rugby bodies and schools to ensure that every referee, assistant referee, match official, coach and assistant coach affiliated to such province, club, rugby body or school are Boksmart certified and they shall keep a proper record thereof for auditing purposes by the province and / or SARU, and the Serious Injury Task Team (SITT) investigations, as the case may be.
- l. The Boksmart certification shall be valid for 2 (two) years at a time, where after it must be renewed, subject to 13 below.
- m. The Boksmart certification shall only be renewed after the successful completion of the latest Boksmart course. A 2-month grace period is provided after the expiry date on the license card in order to undergo such course.
- n. For every competition-, tournament- and/or league match played in accordance with the approved fixture list of the province, club, rugby body or school, the match referee has to submit an official referee's report to the province or to SARU, whichever is applicable, indicating the Boksmart certification status of himself and other match officials within 72 (seventy two) hours of completion of the match.
- o. The following shall be recorded on the referee's report:
 - i. The Match Referee's Full Names, contact number and Boksmart certification code e.g. BS-0000001
- 15.2 All Assistant Referees' and Match Officials' contact numbers, full names and Boksmart certification codes.
- p. For every competition-, tournament- and/or league match played in accordance with the approved fixture list of the province, club, rugby body or school, the match manager / secretary of the province, club, rugby body or school has to submit a report to the province or to SARU, whichever is applicable, indicating the Boksmart certification status of coaches and assistant coaches of the teams, and those, excluding players and qualified medical staff, who entered the field of play during the match within 72 (seventy two) hours of completion of the match. The full names, contact numbers and Boksmart certification codes shall be recorded on the report.
- q. Any breach of these regulations shall be dealt with in accordance with the applicable Judicial and Disciplinary Regulations. The Judicial Officer, Judicial Committee, Appeal Officer or

Loftus Versfeld Kirknessstraat/Street Sunnyside Pretoria 0002
Telefoon/Telephone Kantoor/Office: (012) 420-0707/8 Pretoria
Faks/Fax: 086 649 1297 / (012) 344-2966
Posbus/P.O. Box 27856, Sunnyside 0132
BTW NO / VAT NO: 417 012 4871

PRESIDENT: W STRAUSS
HUB/CEO: BBRU: DR. E. HARE



BLOU BULLE RUGBY-UNIE

BLUE BULLS RUGBY UNION



Appeal Committee shall apply the recommended sanctions as referred to in the applicable Judicial and Disciplinary regulations.

- r. In addition to the recommended penalties prescribed by the disciplinary and judicial regulations, the following minimum penalties shall apply:
- i. Should the referee or assistant referee officiate in a match without being Boksmart certified – 3 match suspension and shall remain suspended until they have obtained Boksmart certification?
 - ii. Should a team participate in a match, without the coach or assistant coach being Boksmart certified – 3 match suspension of the coach and / or assistant coach and shall remain suspended until they have obtained Boksmart certification?
 - iii. Should the referee allow any assistant referee to officiate in a match without being Boksmart certified - 3 match suspension of the referee.
 - iv. Should a referee allow any coach, assistant coach or any official on the playing field who is not Boksmart certified – 3 match suspension of the referee.
 - v. Should the province, club, rugby body or school hosting a match either allow a referee or assistant referees to officiate in a match and / or allow such match to continue with coaches and assistant coaches of the participating teams who are not Boksmart certified – the province, club, rugby body or school hosting the match will be declared the losers and forfeit any league points or trophies (if applicable). The visiting team will be declared the winners and be awarded with maximum league points or be awarded with the trophy (if applicable).
- s. These regulations are enforce from 1 January 2011.

11. REFERENCE:

- a. SA Rugby: *Coaching Accreditation Regulation and Policies, Sept 2012.*
- b. Boksmart: *National Rugby Safety Programme, 2011 en 2013.*
- c. SASCOC: *South African Coaching Framework, 2010*

Loftus Versfeld Kirknessstraat/Street Sunnyside Pretoria 0002
Telefoon/Telephone Kantoor/Office: (012) 420-0707/8 Pretoria
Faks/Fax: 086 649 1297 / (012) 344-2966
Posbus/P.O. Box 27856, Sunnyside 0132
BTW NO / VAT NO: 417 012 4871

PRESIDENT: W STRAUSS
HUB/CEO: BBRU: DR. E. HARE